



Athletic Corporation Career Opportunity

California State University, Fresno

ASSISTANT STRENGTH AND CONDITIONING COACH

ATHLETIC CORPORATION

(Full-time, temporary, 12-month appointment)

Vacancy # A/230

Salary: \$33,280 - \$33,968 annually, plus benefits

General Assignment:

Under the direction of the Head Strength Coach, the incumbent will be responsible to assist with the daily operations of the 10,000 square foot strength and conditioning complex for varsity student-athletes.

Additionally, the incumbent will be responsible for assisting the Head Strength Coach in planning and directing the conditioning and weight training of student-athletes. Promote intercollegiate athletics as an integral part of the University.

Essential Functions include:

- assist with supervision of volunteer assistants
- assist in the development, implementation and supervision of the year-round strength program for men's and women's intercollegiate sports (as assigned), which includes:
 - o supervision and teaching progression
 - o resistance
 - o cardiovascular
 - o speed
 - o explosive/plyometric
 - o flexibility and body control
 - o secondary injury rehabilitation
 - o recordkeeping and monitoring progress
- assist the head strength coach with scheduling of teams for strength training
- specialization in strength development
- preparation and presentation for clinics and strength camps as required
- conduct periodic fitness evaluations
- assure that all activities are operated in compliance with NCAA, Conference and university rules and regulations
- work effectively with students, faculty, staff, administration and the public
- other duties as assigned by the Head Strength and Conditioning Coach

Required Education, Experience, Knowledge, Skills and Abilities:

- Bachelor's degree in physical education, exercise science or related field
- Minimum of one year experience in strength and conditioning of student athletes
- Experience and demonstrated ability in the design and implementation of safe and effective strength programs for a variety of sports
- Strong knowledge of teaching and implementing Olympic lifts
- Ability to:
 - o support the equity and diversity commitments of the department
 - o work and communicate well with strength staff, athletes and other coaches

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- Demonstrated ability to work effectively with individuals from diverse ethnic, cultural and socio-economic backgrounds and project a professional attitude
- A history of regular attendance and positive performance evaluations

Preferred Experience and Skills:

- Minimum of one year experience in strength and conditioning at the **Division I FBS** (Football Bowl Subdivision) level
- USA Weightlifting Sports Performance Certification or equivalent

Filing Deadline: Open until filled.

Applications received after **June 2, 2008** will be reviewed on an as-needed basis.

Application Requirements:

A University [Application for Athletic Corporation Positions](#), a resume, and a list of three professional references, including telephone numbers, are required. A cover letter that addresses your qualifications for the position is recommended.

Apply:

California State University, Fresno
for the Athletic Corporation
Joyal Administration Building, Room 164
5150 North Maple Avenue, JA71
Fresno, California 93740-8026
Telephone: (559) 278-2383
FAX: (559) 278-4275

Background investigations will be conducted, as required, depending upon the job requirements of a position. These could include, but are not limited to, processing of fingerprints through the Department of Justice and degree and license verifications. An offer of employment may or may not be extended based upon the results of these verifications.

Pursuant to the requirements of the Immigration Reform and Control Act of 1986, any offer of employment is contingent upon verification of individual's eligibility to be employed in the United States.

Pursuant to Executive Order 883, reasonable accommodation is to be provided upon request from an employee or applicant with disabilities, unless doing so would impose an undue hardship on the campus. What constitutes a reasonable accommodation is to be determined by the campus on a case-by-case basis after it has received the individual's request for accommodation and engaged in an interactive process. Employees or applicants requiring reasonable accommodation should contact Human Resources directly at (559) 278-2032.

University Information: (or website: <http://www.csufresno.edu/>) California State University, Fresno is one of 23 campuses of the California State University System. The University's mission is to offer high quality educational opportunities to qualified students at the bachelor's and master's levels, as well as in joint doctoral programs in selected areas. The University serves the San Joaquin Valley while interacting with the state, nation, and world. Through transformational applied research, technical assistance, training and other related public service activities, the University builds partnerships and linkages with business, education, industry, and government. The University competes athletically in Division I-A and is a member of the Western Athletic Conference.

The current enrollment is just over 21,300 students from diverse backgrounds, which creates a culturally rich environment. The campus, which has been designated as an arboretum, is spread over 1400 acres. Metropolitan Fresno, with a multi-ethnic population of over 600,000 is located in the heart of the San Joaquin Valley on the western edge of the Sierra Nevada Mountain Range. The campus is within easy driving distance of San Francisco, Los Angeles, Yosemite, Kings Canyon, and Sequoia National Parks, the Monterey Peninsula, Lake Tahoe, beaches, sailing lakes and numerous ski resorts. Fresno boasts one of the most reasonable housing markets in California and offers a wide array of locally grown fruits and produce.

The Athletic Corporation of California State University, Fresno is committed to Equal Employment Opportunity and Affirmative Action. Applicants will be considered without regard to sex, race, color, religion, national origin, sexual orientation, marital status or disability. The Athletic Corporation actively seeks and encourages applications from members of all underrepresented groups. The Athletic Corporation is committed to providing equal opportunities to men and women CSU students in all campus programs, including intercollegiate athletics. The Athletic Corporation is associated with the University; however, employees of the Corporation are not employees of the University or the State of California.

In compliance with the Jeanne Clery Disclosure of Campus Security Policy and Crime Statistics Act, crime report statistics are available at <http://www.csufresno.edu/police/report.htm>.

Call the Fresno State Athletic Corporation Jobline (559) 278-2383 or <http://jobs.fresnostate.edu>, to receive an application or current listing of all available Athletic Corporation and University staff employment opportunities.